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# Wishing you a Happy and a Holy New Year

The Spring Weekends at Holy Trinity, have been cancelled. A 4th Day Reunion will be scheduled for March 20-22 at Holy Trinity. Details of time, place and cost can be found on Page 9 of this newsletter. Please try to arrange your schedule to attend. In less than 3 weeks, there will be a new President of the United States, Barak Obama. Pray for him that he will seek God's guidance as he leads us in these most difficult of times. These are indeed, the times that try men's souls. Prayer is the food that feeds men's souls.

#### From the Internet

There was a man who had four sons. He wanted his sons to learn not to judge things too quickly. So he sent them each on a quest, in turn, to go and look at a pear tree that was a great distance away The first son went in the winter, the second in the spring, the third in summer, and the youngest son in the fall. When they had all gone and returned, he called them together to describe what they had seen. The first son said that the tree was ugly, bent, and twisted. The second son said it was covered with green buds and full of promise. The third son disagreed; he said it was laden with blossoms that smelled so sweet and looked so beautiful, it was the most graceful thing he had ever seen. The last son disagreed with all of them; he said it was ripe and drooping with fruit, full of life and fulfillment. The man then explained to his sons that they were all right, because they had each seen only one season in the tree's life. He told them that you cannot judge a tree, or a person, by only one season. That the essence of who they are, and the pleasure, joy, and love that come from that life, can only be measured. If you give up when it's winter, you will miss the promise of your spring, the beauty of your summer, and the fulfillment of your fall. Persevere through the difficult patches, and better times are sure to come in time. Aspire to Inspire....Before You Expire. Live Simply. Love Generously. Care Deeply. Speak Kindly. And leave the rest to God. Happiness keeps You Sweet, Trials keep You Strong, Failures keep You Humble. But Only God keeps You Going. Take care and be safe for me. God Bless you and keep you in his care through all the seasons of your life!

# Women's Weekend #103 Fall 2008 October 9-12

Women's Team Rectora Deborah Farmer

Spiritual Team Rev Msgr Michael Farmer Br Paul Mulligan Rev Dr Sam Shippen

Palanca Team Jean Kreis Vicki Hassler Ruth Harwood

Music Team Val Smith Mary Francis Connie Scroggins

## Candidate

Linsey Abraham 2 Lisa Adams 3 Phyllis Beam 4 Dori Berahya 5 Mary-Phyllis Breen 6 Sally Conlee 7 Elizabeth 'Kay' Dees 8 Maria 'Emily' Gallego 9 Jessica 'Jessie' Gibson 10 Joanne 'Jo' Hogan **11 Vivian Houser 12 Lola Howard 13 Helen'Haley'Hutson** 14 Annette Kaechele 15 Marsha King **16 Marilyn Laird** 17 Judy 'Judy' Lankford 18 LindaLavene **19 Ricarda Manning** 20 Margaret'Peg'McCarthy **21 Jacqueline McLain** 22 Penny Owens 23 Maria Payne 24 LaVerne Rajterowski 25 Kathryn Roberts **26 Margaret Salisbury** 27 Heide Sarubin 28 Natalie 'Nat' Saucier **29 Arlene Saucier** 30 Kimberly 'Kim' Scott **31 Tanya Tregre 32 Judy Van Heest** 

#### **Conference Room**

Meme Finnorn Lisa Harrell Claudine Jenda Sandy Robinson Beth Perkins Mary Lou Roszkowski Betty Yandrasits Mary Jo Wilder Cathy Eilers Jane Nixon

Sponsor **Ashley Covert Eileen Rettig Cordy Drollinger Jackie Simmonds Beth Little Betty Yandrasits** Deborah Farmer **Susie Tooley Betty Yandrasits** Mary Lou Roszkowski Lana Kaiser Eileen Rettig **Barbara Hutson** Nita Kaiser **Deborah Farmer** Nita Kaiser **Beth Little Jean Kreis Eileen Rettig Jackie Simmonds** Shirli Kralik Lana Kaiser **Cynthia Robinson Eileen Rettig** Nancy Rydzynski Sarah Bedia Nancy Rydzynski Kenny Kaiser, Sr Nita Kaiser Marie Kaiser Lisa Park Jim Licari

Setups Team Nancy Elstner Mary Jean Cotton Dottie Conner Joanna Gillette Nita Kaiser Cynthia Robinson

Kitchen Team Kathy White Julie Barbosa Lana Kaiser Susan Powers Sharon Root Ann Thublin

#### Parish

St Joan of Arc **Our Savior** St Margaret **St Lawrence** St Lawrence **Christ the King Our Savior Our Savior Christ the King St Lawrence** St Bartholomew **Our Savior Christ The King St Bartholomew Our Savior** St Bartholomew St Lawrence St Agatha **Our Savior** St Lawrence St Lawrence St Margaret of Scotland **Christ the King** Our Savior **Our Savior** St Ignatius **Our Savior** St Bartholomew **St Bartholomew** St Joseph – Lillian **Christ the King** St Bede

# Cursillo...what it means

I spent a weekend With my prayers. With brothers and sisters And prayers of theirs. I spent a weekend Learning about Christ. I learned of His will, His glory and might. I met these people So full of love. With souls so pure Like the wings of a dove.

I learned of the invitation That God has sent. I learned of Piety, And just what it meant. I learned I am valuable. I learned I belong. I even learned to sing The DeColores song. I learned about God's love And I heard His voice. My life is forever changed. I can truly rejoice!

Your sister in Christ, Marsha King What a pleasant surprise was in store for the 2008 fall weekends.

Archbishop Rodi took a break from his busy schedule to pay an impromptu informal visit to both the men's and women's weekends. It was a most welcome visit. and we look forward to the day when he can spend the entire weekend with us. Perhaps even sing the chicken song!

Welcome to Woodie Perkins as the new Lay Director of the Mobile Cursillo. As of the 1<sup>st</sup> of the year, Woodie takes over the job as Lay Director of Cursillo. We will miss his predecessor, Mary Jo Wilder. While Mary Jo is off the Secretariat, it's a safe bet that she will continue to be an influence in Cursillo.

# To God be the Glory!!

Greetings to all of you! It is hard to believe that we are entering another new year! It seems like we just started 2008 and now I have to get use to writing '09 on my checks!

With the beginning of this New Year, there will be a change on our Secretariat. My term as Lay Director has come to an end and I am pleased to announce to you that Woodie Perkins will begin serving as the new Lay Director beginning January, 2009. The three years that I have served have been a true blessing to me! I have felt your love and prayers! It has been my privilege to work with people on the Secretariat who exhibit holiness and humility as they seek to further the Kingdom of God!

We are very blessed in this Archdiocese to have support from Archbishop Emeritus Lipscomb as well as the support of Archbishop Rodi. I am also very grateful for the spiritual direction that we have received on the Secretariat from Father Tokarz as well as Sister Peggy. Their wisdom has certainly been a source of strength especially when difficult decisions have to be made.

I want to share with you a few things that we have accomplished over the last 3 years. First of all you are reading one of the accomplishments! The online newsletter began September, 2007. Walt Redmond, a "seasoned" cursillista, agreed to tackle this feat. (Didn't want to call you an "old" cursillista, Walt!) And I must say he has done a fabulous job! We have also started holding 4<sup>th</sup> Day Reunions. In 2007 we held a weekend reunion at Holy Trinity and in 2008 we held a day reunion at St. Pius. We had a wonderful renewal of community at both events! The 2009 weekend reunion is in the works now. At our July Secretariat meetings in 2007 & 2008 we gathered the Ultreya leaders from all over the diocese. Our hope was to get to know each other better, to share ideas, and just offer support and welcome to our new leaders. My hope is that this continues so that we can truly feel united in purpose.

I am sad to be leaving the Secretariat because there are some awesome leaders who have given me a glimpse into the beauty of God's love! I have truly been blessed! But be assured of one thing. I will continue to pray for this movement daily. I believe we have within our grasp one of the most powerful tools of evangelization in the Church in the 21<sup>st</sup> century! Jesus has been lifted up and He has drawn many to Himself through the Cursillo movement. Never forget your own weekend! Remember the moment when Jesus touched you! Remember, too, that we are the feet and the hands that bring Jesus to many thirsting souls!

In Him, Mary Jo January 1, 2009

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# Men's Weekend #102 Fall 2008 September 25-28

### Rector Joe Roszkowski

Spiritual Team Fr Jim Cink Fr Steve Williams Rev Mr Kenny Kaiser Rev Mr Malcolm Zellner

Palanca Team Phil Nix David Kralick John Rabbiett

# **Candidate**

1 Jason Abraham **2** Douglas Back 3 Gary Blake 4 William 'Bill' Breen **5** David Cross 6 Charles 'Charley' Cuff 7 Michael 'Jeff' Dees 8 Donald 'Don' Domico **9** Tim Doughan **10 George Ferniany** 11 John Gibson 12 Tom Hendrich 13 Thomas 'Tom' Hogan 14 William 'Bill' King 15 Richard Kowalski **16 Roger Lartigue 17 Michael LeRoy** 18 Michael 'Mike' McAleer 19 Dennis 'Bob' McGinnis **20 Mark Miller** 21 Michael 'Mike' Moore 22 James 'Mike' Ollis, III 23 Mike O'Neill 24 Derrick Perdue 25 Jason Scott 26 Christopher Chris Teague **27 Bruce Waguespack** 28 Almur 'Al' Whiting, III **29 Greg Williams** 30 Forrest 'Teno' Yerby 31 Jack Zukley

Conference Room **Dan Jaksen James Odom** Glen Kaiser **Greg Hohman David Deckle Jack Mcaleer Woodie Perkins Donnie Scioneaux Allen Hastings** Lee Eilers **David Fore** Music Team Larry White **Barry Little** Mike Zoahby Sponsor **Ashley Covert David Barranco Charlie Bowen** Barry Little Joe Roszkowski Joe Roszkowski **Deborah Farmer David** Fore **Donny Scioneaux** Joe Roszkowski **Frank Yandrasits** Dan O'Donnell Joe Roszkowski **Deborah Farmer** Jav Armour Joe Roszkowski **Mike Zoghby Dan O'Donnell Terry Ingalls** Larry White David Kralik **Charles** Fontana **Charlie Bowen** Mike Kirsch Kenny Kaiser, Sr **Dan O'Donnell Jay Armour Mary Jo Carlysle Charlie Bowen Malcolm Zellner Dan O'Donnell** 

Setups Team Chuck Badalamenti Chris Tregre Jimbo Bailey Steve Elstner Willie Palacio Tim Simmonds Kitchen Team Jim Harrision Charlie Bowen David Byrne Joe Alberstadt Mark Gunn Scott Park

Kardet (

## Parish

St Joan of Arc **Holy Spirit** St Dominic St Lawrence **St Lawrence** St Lawrence **Our Savior St Lawrence Christ the King St Lawrence Christ the King** St Ignatius **St Lawrence Our Savior** St Margaret of Scotland **Christ The King St Lawrence St Ignatius** St Michael's **Christ the King** St Lawrence **St Ignatius Christ The King** St Bede St Joseph – Lillian **St Ignatius St Patrick** St Margaret of Scotland **St Dominic Christ the King St Ignatious** 

# **Secretariat Members**

Woodie Perkins 251-343-7708

School of Leaders Lee Eilers 251-443-5419

Secretary Dorothy Beattie 251-479-9374

Treasurer Steve Elstner 251-660-6280

Pre-Cursillo Jean-Paul Nicol 334-821-1959

3-Day - South Jayne Yarbrough 251-476-5732 Mary Ann Campagna 334- 821-1483

Spiritual Advisor Fr. David Tokarz 251-633-6762 251-633-7790 Fax

Asst. Spiritual Advisor Sr. Peggy Cosgrove 251-476-4803 St. Pius X Church Rect: 251-473-4381 Fax: 251-471-2441

Post Cursillo North vacant Post Cursillo South vacant

Newsletters never die, they just fade away. And that's the truth. You can help prevent that, after all it is *your* newsletter. Contribute to it! Births, weddings, deaths, birthdays, anniversaries, close moments, ultreya events, looking for a group? Cursillo is community. Your community! Let us hear from you.

January 1, 2009

The following is reprinted with the permission of Mississippi Cursillo, who sent it to their Cursillistas

## PALANCA

Palanca is a Spanish word which means "lever." Just as a lever enables a person to move something which is beyond their normal strength, Palanca empowers the accomplishment of things which would not be possible without the grace of God. "For man it is impossible, but for God all things are possible." (Matt 19:26) "When anyone takes up the work of the conversion and Christian renewal of persons and the evangelization of human groups, it is absolutely indispensable that the entire work be built upon the grace of God." (Cursillo Leaders' Manual, 1981; pg 135)

What is Palanca? Palanca consists of any one or any combination of three things which are offered for the spiritual success of a particular phase or of all phases of the Cursillo Movement. The three things are:

- 1. Prayers
- 2. Sacrifices
- 3. Works of Mercy.

It is important to understand that Palanca is not gifts or love letters. A letter may be sent explaining what type of Palanca is being offered, but that letter is not the Palanca. The actual Palanca is the action (Prayer, Sacrifice or Works of Mercy) and can be done without writing a letter about it. A Personal Palanca letter is one that is sent to an individual telling him/her what is being offered for spiritual success. A General Palanca letter is one that is sent to the whole group (for example, team and/or candidates) informing them of the Palanca being done.

Prayers in the Cursillo context, which are offered as Palanca, are intercessory prayers. Likewise, Sacrifices which are done as Palanca are also intercessory. They are any form of prayers and/or sacrifices which are offered on behalf of another person(s), for a particular phase of the Movement, or for the Cursillo Movement in general.

Both the Corporal and Spiritual Works of Mercy can also be offered as Palanca as we work toward bringing Christ to the world in which we live. The following are just a few examples of the Works of Mercy that can be offered as Palanca as we do them for the honor and glory of God:

Feed the hungry (grocery shopping, preparing a meal, working at a soup kitchen, or donating time or food to a food pantry; serving as a Eucharistic minister);

Give drink to the thirsty (giving a drink to a child, a thirsty repairman, or an elderly/sick person);

Clothe the naked (changing a baby's diapers; dressing a child or bedridden person; donating clothing to clothing banks, St. Vincent DePaul stores, or the pro-life movement);

Visit the imprisoned (visiting residents of nursing homes or mental health institutions; sending letters or cards to those in prisons; donating books and magazines to prison ministries);

Visit the sick (visiting or calling someone who is sick; sending cards or flowers) Shelter the homeless (providing a good home for our families; donating time, talent or money to homeless shelters or Habitat for Humanity);

Bury the dead (comforting the surviving family and friends; providing food or transportation for survivors; lending a listening ear to someone who is grieving); Admonish the sinner (Helping others avoid sin through our example, words, and prayers; interjecting a Christian point of view in discussions on subjects such as abortion and euthanasia);

Instruct the ignorant (teaching Christian values and morals to our families and friends either through words or by our example);

Counsel the doubtful (Listening to those who are having doubts about their faith and either counseling them or directing them to seek help from others);

Comfort the sorrowful (Listening to those suffering pain; bringing in a hot-meal, offering to baby-sit, providing transportation or financial help);

Bear wrongs patiently (When we feel we have been mistreated or ignored by friends, family members or business associates, meditate on the Passion of our Lord and offer the personal hurts to Him);

Forgive all injuries ("Forgive us our trespasses as we forgive those who trespass against us;" learn to forgive by imitating Jesus);

Pray for the living and the dead (Praying for our families, friends, business associates, for those who ask for our prayers, and for the souls of our loved ones; pray also for those most in need of God's mercy whether living or dead).

Palanca is an integral part of all phases of the Cursillo Movement. For a few examples: For PreCursillo --- Palanca should be offered so that Cursillistas prayerfully select potential candidates and also for the targeting of evangelizing particular environments. For the 3-day weekend --- Palanca should be offered for the team so that the team members are formed into a real Christian community; Palanca should be offered for the candidates so that they will be open to the grace of God on the weekend. For PostCursillo --- Palanca should be offered for new Cursillistas as they return to their families, friends, and workplaces. This is a time that they need further strong spiritual support.

For Post Cursillo, Palanca should also be offered on a regular, ongoing basis for Group Reunions, Ultreyas, School of Leaders and Workshops. It should be offered for all Secretariat members (Diocesan, Regional, National, and World Movements) so that these members may be guided and directed by the Holy Spirit.

Palanca is especially powerful because of the blending of prayers, sacrifices, and works of mercy from the entire Cursillo community. An orchestra is not in sync when the players are tuning their instruments, but when the conductor raises his baton and begins the tempo, there is a harmonious blending of notes. So it is with Palanca when we are all in accord with the will and the work of God. Our individual palanca is very powerful, but when our Palanca is in concert with others --- united with the Palanca of other Cursillistas --- it becomes a mighty lever. Palanca is indeed the greatest contribution that the 4th day community can make to the Cursillo Movement.

Spirituality means waking up. Most people, even though they don't know it, are asleep. They are born asleep, they live asleep, they marry in their sleep, they breed children in their sleep, they die in their sleep without ever waking up. They never understand the loveliness and the beauty of this thing that we call human existence. You know, all mystics – Catholic, Christian, non-Christian – no matter what their theology, no matter what their religion – are unanimous in one thing: that all is well, all is well. Though everything is a mess, all is well. Strange paradox, to be sure. But, tragically, most people never get to see that all is well because they are asleep.

First paragraph of "Awareness – The Perils and Opportunities of Reality" By Anthony DE Mello, S.J.

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# DeColores

Join us for a 4 <sup>th</sup> Day Reunion Weekend
March 20-22, 2009
Holy Trinity Retreat Center
Retreat Master to be announced
Weekend will include talks, small group sharing, singing, quiet time, and community prayer.
Name:
Address:
Telephone #:

The cost of the weekend is \$100 per person and includes room and meals. Space is limited so please send your registration in early. If you are a married couple or have a person you would like to room with, please indicate above. Otherwise you will be placed with a roommate if numbers registered require it! Send to: Mary Jo Wilder 1953 Navco Road Mobile, Al 36605 mamajo54@comcast.net

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Roommate:

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I asked God for all things, that I might enjoy life. God gave me life, that I might enjoy all things. Origin Unknown

From Finding Beauty In A Broken World by Terry Tempest Williams, an environmentalist committed to showing man's impact on the land.

"I watched prairie dogs every day, rise before the sun, stand with their paws pressed together facing the rising sun in total stillness for up to 30 minutes," says Williams. "And then I watched them at the end of the day

take that same before the sun goes press their palms stillness. I don't anthropomorphize, at a creature that the millennium each day in that causes one to think life and speed and we live."



gesture 30 minutes down they would together in perfect mean to but when you look has survived over begin and end kind of stance, it about one's own rapidity in which