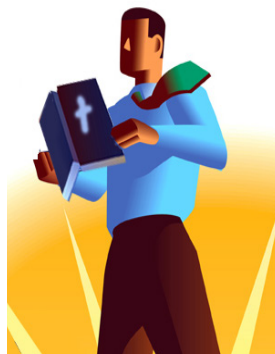


# Mobile Rooster

"Something Worth Crowing About"



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**LET'S GET TOGETHER AGAIN!  
ULTREYA**

As a body is one though it has many parts, and all the parts of the body, though many, are one body, so also Christ. For in one Spirit we were all baptized into one body, whether Jews or Greeks, slaves or free persons, and we were all given to drink of one Spirit. (1 Cor 12: 12-13)

I feel like this verse speaks to us as Cursillistas who are ready for community. Ready to be together as friends. Ready to joyfully shout "De Colores!" I also know that we are excited to get back to "normal" as far as holding Cursillos. Before we can do this we need to:

- **Pray!** - for our Ultreyas and small groups, especially those who have not returned to community due to COVID.
- **Study!** - our charism and the real intention and friendship that was Eduardo's teachings.
- **Live!** - our 4th day together as Cursillistas and Christians.

One thing that was evident from our Region 7 meeting in the fall and clearly underlined is that we cannot have a weekend to hold a weekend, but must have an Ultreya community to which new Cursillistas can come and grow.

The Secretariat members met for the first time January 8th. We have plans that are in the works for all, so stay tuned.

Are you ready to reignite the Movement? Find out when your Ultreyas are being held - Go! If you do not currently have leadership - Pray! Can I lead? If not me, then who? During this time of rebirth, invite those interested in Cursillo to small group with you. May you have a blessed start to this year. Together may we sow the seeds for the future.

Theresa Gorman



## A Word From Deacon Joe Mueller

### RESOLUTIONS

Happy New Year! We're already past the first week or two in the New Year. How's it going? What resolutions, if any did you make this year. Perhaps you are still contemplating what aspirations you have for yourself in 2022!

Deacon Greg Kandra wrote in Our Sunday Visitor that most of us will forget our New Year's Resolutions by February. He says, take heart. There are other options for our New Year's Resolutions. PRAYER!

It's simple, basic and fundamental for our lives as Catholics. Best of all it can be done anywhere, anytime! So instead of dusting off that exercise bike with the hangers on it or counting those 10,00 steps, consider shedding the overweight of indifference and build up those muscles of faith.

*Here are some suggestions by Deacon Greg.*

**Practice Gratitude:** despite the negative news and world crisis, surely there's something to be thankful for.

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## Prayers Needed

**For our Regional Spiritual Director,  
Deacon Mike Martini,  
who is battling cancer.**

.....

**For the soul of Tony Rogers, who died  
recently and for comfort for his family  
and friends.**

The funeral Mass and arrangements for Brother Cursillista Tony are at St. Michael's on Saturday, January 15:

**10 am Visitation**

**11 am Funeral Mass followed by a  
luncheon with the family.**

A private internment will be later that afternoon for the family.

## Ultreyas

*Evelyn Pope, Montgomery*

*Just wanted to update you on our recent Ultreya. It was a rainy night but we still had a good group to join for fellowship. Thanks, Tom Ohland, for sharing how you are working through the isolation of the last year by the action in which you are engaged.*

**Some other sharing/resources included:**

*blessedishe.net/devotions/examining-your-conscience/  
Les Massey shared the perfect short prayer: "Lord, make your will my desire." (profound! Suggested Reading - 7 Secrets of Confession by Vinny Flynn  
Holy Spirit Parish Mission will be Monday-Wednesday, Dec 13-15, at 6:30 each evening, beginning with Mass. Fr. Andrew Jones of St. Jude parish will lead the mission.*

.....  
*St Columba Parish in Dothan  
will be starting its Ultreya on  
January 13, 2022.*

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**Pray the Basics:** There are many short and simple Catholic prayers that can be prayed in a minute's time. Most of you already know them.

**Read Spiritual Books:** There's easy access to books on the Internet, podcasts and daily reflections from various Catholic sources. How about checking a book out on Saints?

**Spiritual Communion or Adoration:** If you aren't able to make it to a daily Mass once in a while, how about 15 - 30 minutes in Adoration of the Eucharist.

**Lose the Weight of Your Sins:** A good one to consider. We all have some kind of sin to confess. They might not be Mortal, but even the small ones need attention.

*These are only a few of the Spiritual Resolutions you can make for 2022. Hopefully many of us have already made our Spiritual Resolutions! God Bless all of us this year!*

## This hit me...

You never really know the true impact you have on those around you. You never know how much someone needed that smile you gave them. You never know how much your kindness turned someone's entire life around. You never know how much someone needed that long hug or deep talk. So don't wait to be kind. Don't wait for someone else to be kind first. Don't wait for better circumstances or for someone to change. Just be kind, because you never know how much someone needs it.

### SUMMER NATIONAL ENCOUNTER

The next National Encounter will  
be held  
July 21 – 24, 2022  
at Chapman University,  
1 University Dr, Orange, CA 92866.



## ULTREYAS

### Auburn/ Opelika

- Leader: Celeste Boydston (205) 821-1024  
auburnopelikaultreya@gmail.com

### Baldwin

- Leaders: Jackie Simmonds (251) 379-6799,

### Dothan

- Leaders: Bobbie and Sam Genovese (334) 792-1656  
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### Mobile

- Leader: Cathy Burch (251) 709-6868  
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### North Baldwin

- Leaders: Ann McAdams (251) 580-2389 sdcale@gmail.com  
and Anne Henley (251) 379-1383 jrhanley@bellsouth.net

### Phenix City/Columbus

- Leader: Sam Hoover (334) 614-0065  
samdhoover@yahoo.com

### South Baldwin

- Leader: Diane Perdue (251) 504-8904  
d.c.perdue@gmail.com

The National Newsletter, is now available at:

[https://www.natl-cursillo.org/wp-content/uploads/2021/10/CNN\\_2021\\_10\\_ALLSAINTS\\_ENDr2.pdf](https://www.natl-cursillo.org/wp-content/uploads/2021/10/CNN_2021_10_ALLSAINTS_ENDr2.pdf)



*Something Worth  
Crowing About*

## **The Lord's Day."**

"Remember, keep holy the Lord's day." We all know this phrase as the third commandment, given by God to Moses on Mount Sinai. It must be important. It is one of only 10 instructions that God specifically gave to God's people. How are you doing with this commandment?

Someone recently told me he wishes he did not have two Saturdays each week. His point was that he sometimes cannot tell a difference between what he does on Saturday and what he does on Sunday. Is this the case with you? Some people putter around the house on Sunday, finding things in the yard to fix up, or repairs to make, or even some errands that must be done on Sunday. Sometimes we have to go to the store and make other people work so we can shop. A lot of us have trouble with Sundays. We are so busy.

Some people take two or three years until they can find a weekend when they can get away to make a Cursillo. We have all tried to get candidates who put it off, and put it off, and put it off. They were just too busy.

I wonder if this sometimes happens after a person has made the Cursillo weekend. The good spirit, the great feeling of God's presence is with them for a short time and then seems to peter out. They start getting busy, finding little things they must do on weekends but not finding time to go to church. What was once a great source of prayer and inspiration has turned into just another day to work.

Maybe we who are still active in Cursillo should set the example. Are you willing to take the rest of the Sundays of this year and give them back to God? Are you willing to let them be the Lord's Days? Can you spend time with God, can you spend time with your family, can you spend time in re-creating your self? Can you allow yourself to have some time so God can re-create you?

If we find ourselves too busy, much too busy for God, then we are just too busy. So let's make promises to ourselves and to God: this year the Lord's Day shall be holy. I'm convinced that if we observed the seventh day, the fourth day of Cursillo would take care of itself.

*Father Bob Sherry*